



GOVERNMENT OF ANDHRA PRADESH
ABSTRACT

WD & CW Dept. – Nutrition Programme under the ICDS scheme – Revision of cost – Introducing of identified recipes and snack food etc. as per revised norms - Orders Issued - Regarding.

=====

WOMEN DEVELOPMENT, CHILD WELFARE & DISABLED WELFARE (ICDS.A1) DEPARTMENT

G.O.Rt.No.303

Dated the 25th September, 2009.

Read the following:-

1. G.O.Rt.No.176, WD CW & DW (ICDS) Dept., Dt.09.06.2009.
2. From the Director, WD & CW, Hyd., Lr.No.1208/J2/09,
Dt: 27.06.2009.

-000-

ORDER:

In the G.O. 1st read above, Government have accorded permission to Commissioner, Women Development and Child Welfare Department, Hyderabad to incur the expenditure on Supplementary Nutrition Programme under Integrated Child Development Scheme as per Government of India revised norms and the rates have accordingly been increased from Rs.2/- to 4/-, Rs.2.30 to 5/- and Rs.2.70 to 6/- w.e.f., 01.07.2009 for 0-6 years Children, Malnourished Children and Pregnant and Lactating Mothers respectively.

2. The matter regarding the best possible nutritious mix for the stakeholders has been discussed with representatives of National Institute of Nutrition (NIN) and Food & Nutrition Board (F&NB) Government of India. Accordingly, the Commissioner, Women Development and Child Welfare Department, Hyderabad in the letter 2nd read above, has in consultation with NIN and F&NB (GOI) suggested food models based on nutritive values, for each category i.e., 6 months to 3 years, 3 years to 6 years, Pregnant and Lactating Mothers and Severely Malnourished Children (Annexure).

3. After careful consideration of the matter, Government hereby accord permission to introduce the identified recipes including snack food etc, to meet the additional requirement as per the revised norms and also request Commissioner Women Development & Child Welfare Department, Hyderabad to issue instructions to all field staff and Anganwadi Workers to implement the said identified recipes and snack food etc, at the Anganwadi Centres as appended to this order.

4. In view of the direction of Hon'ble Supreme Court, the Self Help Groups or Non-Governmental Organizations concerned under community managed supplementary nutrition programme (CMSNP) shall also switch over to providing hot cooked food or provide pre-mixes to facilitate supply of hot cooked food to children (3-6) years and Pregnant & Nursing Mothers as per the enhanced calorific norms. In case they are unable to do so, Managing Director, A.P. Foods shall supply the premixes to these projects as well in a phased manner.

5. In regard to children below 3 years, MTF shall be supplied by Managing Director, A.P. Foods, to other than AP Foods projects in a phased manner, starting with tribal projects.

P.T.O.

6. Nutrition to children (6 months to 6 years); special nutrition to pregnant lactating women and severely malnourished children is a primary component of ICDS scheme. Proper implementation by Anganwadi Workers, helpers under guidance of supervisory staff has shown remarkable results in the growth and development of stake holders particularly the children concerned, with lasting benefits in their future lives. Negligence or misuse on the other hand results in severe denial with irreversible harmful consequences for all concerned and warrants the most stringent action against those responsible for causing such denial.
7. Any negligence, interruption, misuse, diversion or Non-supply of the Nutrition as prescribed to the stakeholders concerned shall entail stringent disciplinary action including recovery and prosecution of concerned. The supervisory officers shall accordingly under take surprise field visits and check on the quality of food as well. Slack supervision or inaction on their part in this regard, shall be also viewed very seriously.
8. The Commissioner Women Development & Child Development, Hyderabad shall bring these instructions to the notice of all the staff, Anganwadi Workers and helpers for strict compliance. **District Collectors** and all concerned shall take effective measures to ensure uninterrupted, continuous and proper supply of quality nutrition to all stakeholders, particularly the vulnerable individuals and families, by ensuring their enrolment and regular presence at Anganwadi Centres.
9. This order does not require concurrence of Finance Department.
10. This GO can be accessed from the website of <http://goir.ap.gov.in>.

(BY ORDER AND IN THE NAME OF THE GOVERNOR OF ANDHRA PRADESH)

**M. CHAYA RATAN,
PRL. SECRETARY TO GOVERNMENT.**

To
The Commissioner, Women Dev. & Child Welfare Department, A.P. Hyderabad.
All District Collectors
The Managing Director, A.P. Foods, Hyderabad,
All Regional Deputy Directors in the State.
All Project Directors in the State.
All Non-Government Organizations concerned through Project Director's concerned.
Copy to:
PS to Prl. Secretary to Chief Minister
PS to Chief Secretary
P.S. to M(WD,CW&DW)
P.S. to Prl. Secy. WD, CW & DW Department.
S.F./S.C.

//FORWARDED BY ORDER//

SECTION OFFICER

I.REVISED COST & CALORIFIC VALUE:-

Sl. No	Type of Food	Ration size in gms	Nutritive Value per Ration			
			Recommended by GOI		To Be provided by Govt of A.P.	
			Protein	Energy	Protein	Energy
I	<u>6 Months to 3 Years children</u> (Rs. 4/- Per head per day) a) Modified Therapeutic Food (MTF)	110	12-15	500 K. Cal	14 g	490 K. Cal
II	<u>3Years to 6Years children</u> (Rs. 4/- Per head per day) a) Hot Foods	90	12-15	500 K. Cal	11 g	400 K. Cal
	b) Snack Food	25			3 g	100 K. Cal
III	<u>Pregnant Women & Lactating Mothers</u> (Rs. 5/- Per head per day) a) Hot Foods	125	18-20	600 K. Cal	15 g	543 K. Cal
	b) Snack Food	25			3 g	100 K. Cal
IV	<u>Severely Malnourished</u> (Rs. 6/- Per head per day) a) Hot Foods	90	20-25	500 K. Cal	11 g	393 K. Cal
	b) Snack Food	25			3 g	100 K. Cal
	C) MTF (THR)	67			9 g	300 K. Cal

Supply Price per Kg.:- MTF Rs.33.75, Hot Food (Pre- mixes) Rs.29.25 and Snack Food Rs.40.00 (including VAT).

II.RECIPES, RATION SIZE & SCHEDULE:-

A.	A.P. Foods	Recipes	Ration size in gms	Time & Days
I)	6 Months to 3 Year Children	a) Modified Therapeutic Food (MTF)	110	Take Home Ration
II)	3 Years to 6 Years Children	a) Snack Food	25	Mon, Wed, Thur & Sat (9.30 am)
		b) Boiled Egg (2 Days)	50	Tue & Fri (9.30am)
		c) Meal:- Hot Food (Halwa/upma/Kichdi)	90	All Week Days in Rotation (12.30 pm)
III	Pregnant Women & Nursing Mothers	a) Snack Food	25	All 6 days (9.30 am)
		b) Meal:- Hot Food (Halwa/upma/Kichidi)	125	All Week Days in Rotation (12.30 pm)
IV)	Severely Malnourished Children	a) Snack Food	25	Mon, Wed, Thur & Sat (9.30am)
		b) Boiled Egg (2 Days)	50	Tue & Fri (9.30am)
		c) Modified Therapeutic Food (MTF)	67	All Week Days (Take Home Ration)
		e) Meal:- Hot Food (Halwa/upma /Kichidi)	90	All Week Days in Rotation (12.30 pm)

B.	Local Food Model	Recipes	Ration Size gms	Time & Days
I)	6 Months to 3 years children	<u>Snack:-*</u>	50	Tuesday & Friday (9.30am)
		a) Boiled Egg on 2 days		
		b) Boiled Whole Gram (Channa etc.), Sprouts, Seasonal Fruits etc.,	25	Mon, Wed, Thur & Sat (9.30am)
		<u>Meal:-*</u>	90	All days (12.30pm)
		a) Pongal or Broken Wheat (dhaliya Khichdi)		
II)	3 Years to 6 Years Children	<u>Snack :-</u>		
		a) Boiled Egg	50	Tue & Friday (9.30am)
		b) Boiled Whole Gram (Channa etc.) Sprouts, Seasonal Fruits etc.,	25	Mon, Wed, Thur & Sat (9.30am)
		<u>Meal:-</u>		
		a) Pongal or Broken Wheat Khichdi	90	All days (12.30pm)
III)	Pregnant Women & nursing Mothers	<u>Snack :-</u>		
		a) Boiled Egg	50	Tue & Friday (9.30am)
		b) Boiled Whole Gram (Channa etc.) Sprouts, Seasonal Fruits etc.,	25	Mon, Wed, Thur & Sat (9.30am)
		<u>Meal:-</u>	140	All days (12.30pm)
		a) Pongal or Broken Wheat Khichdi		

IV)	Severely Malnourished Children	<u>Snack :-</u>	50	Tue & Friday (9.30am)
		a) Boiled Egg		
		b) Boiled Whole Gram (Channa etc.) Sprouts, Seasonal Fruits etc.,	25	Mon , Wed , Thur & Sat (9.30am)
		<u>Meal:-</u>	90	All days (12.30pm)
		a) Pongal or Broken Wheat Khichdi		
		b) Modified Therapeutic Food (MTF)	67	All Week Days Take Home Ration

NOTE:-

- 1) Minimum 1/2 Kg ghee shall be procured locally by AWWs & added to Upma and Khichdi Pre-mixes.
- 2) An Amount of Rs.0.10 Paise per beneficiary per day shall be utilised for procuring and adding local seasonal vegetables to kichidi/upma Pre-mix and in Local food model recipes. Balance available shall be used for increasing quantity of ghee to be added to food/premixes.
- 3) Fuel charges per AWC Rs.150/- Per month in rural, Tribal and Urban and Rs.200/- Per Month in Twin Cities.
- 4) Transportation charges Rs.0.07 Paise per beneficiary per day in rural and urban projects and Rs.0.10 Paise in Tribal projects.
- 5) An amount of Rs.0.10 paise per beneficiary per day shall be utilised for procuring condiments and spices in LFM Projects.
- 6) * Taking into consideration the benefits of Soya & Wheat, AP Foods shall introduce MTF to children below 3 years starting with Tribal Projects.
- 7) Eggs should be procured by Dist. Purchase Committee duly negotiating if required, with poultry association.

**M. CHAYA RATAN,
PRL. SECRETARY TO GOVERNMENT.**